



PSX™ CROSS TRAINER

PERFECTLY BALANCED TOTAL-BODY WORKOUTS

TRUE Fitness® has set the cardio standard with a revolutionary new design in elliptical technology. Developed specifically for the light commercial market, the TRUE PSX with its patented Core Drive™ system is centered to deliver a perfectly balanced, total-body workout. The natural motion of the PSX is unmatched by front- or rear-drive elliptical machines, and the exclusive side steps allow the user to “step off” and isolate the upper-body. The compact footprint along with the self-generating power source allows for placement virtually anywhere – maximizing valuable floor space. The PSX is the only full-body, cross-training elliptical machine for your facility.

Drive System	Core Drive™ (Single Crank)
Stride	Fixed - 21" (53 cm)
Workload Range	25 - 450 Watts
Display Type	Advanced Custom LED
Data Readouts	Time, Distance, RPM, Heart Rate, Level, METs, Watts, Calories
Message Center	16 Character Alphanumeric
Quick Start	Yes
Key Functions	Numeric Keypad
Express Command Keys	Yes
Pre-Set Workouts	4 - Random, Fat Burn, Cardio, Hills
Entertainment Ready	No
Heart Rate Monitoring	Contact Heart Rate + Wireless
HRC (Heart Rate Control®)	Yes
HRC Workouts	1 Target
Cruise Control®	Yes
Pause Feature	No
Reading Rack / CD Holder	Yes
Accessory / Water Bottle Holder	Yes
Safety Features	Extended Handrails for Easy Entry & Exit, Side Step-on Areas & Low Step-up Height
Upper-Body Only Arms	Ergonomically Designed
Pedal Spacing	2" (5 cm)
Footpad Surface	Soft Step™ Cushioned Anti-fatigue Material
Step-up Height	Foot Skate Lowest Position: 11" (28 cm)
Transport Wheels	2 in front
Power Source	Self Generating
Frame	Powder Coated Welded Steel
Footprint	63"H x 61"L x 35"W (160 cm x 155 cm x 89 cm)
Elliptical Weight	352 lbs (160 kg)
Maximum User Weight	300 lbs (136 kg)
Warranty	Frame (Life), Parts (3), Labor (1)

